

**JUDO FEDERATION OF INDIA**  
**4<sup>th</sup> Khelo India Women's League/ Ranking Judo Tournament (KIWL/RJT)**  
**for Sub Junior, Cadet, Junior and Senior**  
**NORTH ZONE**

**General Information & Rules and Regulations**

- 1] Organizer : JUDO FEDEATION OF INDIA
- 2] Dates : 8th Aug 2024 to 11<sup>th</sup> Aug 2024
- 3] VENUE : Indira Gandhi Sports Complex, Shimla.

4] TENTATIVE SCHEDULE:

Date	Programme	Time	Venue
8th Aug 24 Thursday	Reporting SUB JR Girls	9.30.am. to 12.30.p.m.	Indira Gandhi Sports Complex , Shimla
	Control of Identity and Age		
	Draws and Meetings –	4.p.m.	
	Unofficial Weigh-in of categories –Girls	5.p.m. to 6.p.m.	
	Official Weigh-in of categories – Girls	6.p.m. to 7.p.m.	
9 <sup>th</sup> Aug 24 Friday	Bouts starts from 8am. onwards: – All 9 Categories SUB JR Girls	8am to end of the event	
	Reporting CADET Girls	9.30.am. to 12.30.p.m	
	Control of Identity and Age		
	Draws and Meetings –	4.p.m.	
	Unofficial Weigh-in of categories –Girls	5.p.m. to 6.p.m.	
Official Weigh-in of categories – Girls	6.p.m. to 7.p.m.		
10th Aug 24 Saturday	Bouts starts from 9.am. onwards: – All 8 Categories CADET Girls	8am to end of the event	
	Reporting JUNIOR & SENIOR Girls	9.30.am. to 12.30.p.m	
	Control of Identity and Age		
	Draws and Meetings –	4.p.m.	
	Unofficial Weigh-in of categories –Girls	5.p.m. to 6.p.m.	
Official Weigh-in of categories – Girls	6.p.m. to 7.p.m.		
11th Aug 24 Sunday	Bouts starts from 8.am. onwards: – All 14 Categories JUNIOR & SENIOR Girls After the event Departure of all participants	8am to end of the event	

**Note:** The final schedule may be changed depending on the number of entries & as per the suggestion of Organizing committee.

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- 5] **Age Group:** The Khelo India Women Zonal Ranking Tournament for Women shall be conducted for the following age groups:

Sr no.	Age Group	Total Weight Categories
1.	Sub-Junior	9
2.	Cadet	8
3.	Junior	7
4.	Senior	7

6] **Structure:**

- The Khelo India Women Zonal Ranking Tournament will be held in **4 Zones** and the Khelo India National Women's League & Ranking Judo Tournament be conducted **once in a year**:

S. No	Level/Phases	Description
1	North Zone	<ul style="list-style-type: none"> <li>Haryana, Punjab, Delhi, Himachal, Chandigarh, UP, Uttarakhand, J&amp;K, Ladakh</li> <li>The participation shall be open to all judokas.</li> <li>Top 2 athletes shall be selected from this particular zone</li> <li>Senior, Junior, Cadet &amp; Sub-Junior</li> <li>To be conducted in once a year</li> <li>Prize money to top 4 athletes in all Age groups</li> </ul>
2	South Zone	<ul style="list-style-type: none"> <li>Andhra Pradesh, Pondicherry, TN, Kerala, Karnataka, Telangana</li> <li>The participation shall be open to all judokas.</li> <li>Top 2 athletes shall be selected from this particular zone</li> <li>Senior, Junior, Cadet &amp; Sub-Junior</li> <li>To be conducted in once a year</li> <li>Prize money to top 4 athletes in all Age groups</li> </ul>
3	East Zone	<ul style="list-style-type: none"> <li>Manipur, Meghalaya, Mizoram, Assam, Tripura, Arunachal, WB, Bihar, Orissa, Jharkhand, Nagaland.</li> <li>The participation shall be open to all judokas.</li> <li>Top 2 athletes shall be selected from this particular zone</li> <li>Senior, Junior, Cadet &amp; Sub-Junior</li> <li>To be conducted in once a year</li> <li>Prize money to top 4 athletes in all Age groups</li> </ul>
4	West Zone	<ul style="list-style-type: none"> <li>MP, Gujrat, Chhattisgarh, Rajasthan, Goa, Maharashtra, Daman &amp; Diu</li> <li>The participation shall be open to all judokas.</li> <li>Top 2 athletes shall be selected from this particular zone</li> <li>Senior, Junior, Cadet &amp; Sub-Junior</li> <li>To be conducted in once a year</li> <li>Prize money to top 4 athletes in all Age groups</li> </ul>

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5	National Ranking	<ul style="list-style-type: none"> <li>• Top 16 athletes from National Championships/Open Selection trials &amp; Zonal competition.</li> <li>• Sub-Junior , Cadet , Junior &amp; Senior</li> <li>• To be conducted in a year</li> <li>• From the national ranking tournament onwards -</li> <li>• Top 8 athletes from National Championships/Open Selection trials and Top 2 from each zonal competition ( 2x4 Zone =8 athletes ) of the latest National / Khelo India Zonal Ranking Tournament . Henceforth, total 16 athletes willbe selected in Sub Jr, Cadet , Junior &amp; Senior age Group.</li> </ul>
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7] **WEIGH-IN:**

(a) The weigh-in will be carried out in accordance with the JFI/ I n t e r n a t i o n a l J u d o F e d e r a t i o n (IJF) Sports Organization Rules (SOR).

(b) The athlete's official weigh in will be scheduled the day before the competition.  
 Sub-Jr, Cadet, Junior & Senior:

Unofficial weigh-in: 5.p.m. to 6.p.m. (the day before)

Official weigh-in: 6.p.m. to 7.p.m (the day before)

(c) The weigh- in will be held at as per venue mentioned in above.

(d) Random weigh- in will open one hour before the start of the competition each day until approximately 30 minutes before the athlete's first contest at the latest. The athletes must bring their accreditation for identification. The weight of the athlete cannot be more than 5% higher than the official maximum weight limit of the category.

8] **ELIGIBILITY:**

**A]** The athletes/Judoka must be of the same State / Unit for which they have been entered for the competition.

**B]** All players, coaches and officials must be registered with JFI ( <https://jfiregistration.in/> )

9] **Competition Format:** As per the SAI proposal for the 4<sup>th</sup> Khelo India Women's League Judo Tournament for Sub-Junior Categories will be in Round Robin and knock-out system to get more chances to play for each Sub-Junior athletes.

Rest of all Cadet Junior and Senior will be as per the Rules & Regulations of the International Judo Federation (IJF)

## JUDO FEDERATION OF INDIA

### 4<sup>th</sup> Khelo India Women's League/Ranking Judo Tournament (KIWL/RJT) for Sub Junior, Cadet, Junior and Senior NORTH ZONE

#### 10] Medals , Certificate & Cash Prizes :

- For the Khelo India Women's Zonal Ranking Tournament, medals (1 Gold, 1 Silver, and 2 Bronze) will be awarded to the first three medalists (1st, 2nd, 3rd, and 3rd). Merit certificates will be given to all participants across all age categories in each zone by the host/organizer. Cash prizes will be awarded to the first three medalists by SAI as follows:

#### Prize Money Details in Zonal Round (Per Zone)

Rank	Senior (Amount in INR)	Junior (Amount in INR)	Cadet (Amount in INR)	Sub-Junior (Amount in INR)	Total
1	Rs. 7000	Rs. 6000	Rs. 6000	Rs. 5000	<b>Rs. 24000</b>
2	Rs. 5000	Rs. 4000	Rs. 4000	Rs. 3000	<b>Rs. 16000</b>
3	Rs. 3000	Rs. 2000	Rs. 2000	Rs. 1000	<b>Rs. 8000</b>
3	Rs. 3000	Rs. 2000	Rs. 2000	Rs. 1000	<b>Rs. 8000</b>
<b>Total Amount</b>	<b>Rs. 18000</b>	<b>Rs. 14000</b>	<b>Rs. 14000</b>	<b>Rs. 10000</b>	<b>Rs. 56000</b>
<b>Weight Group</b>	<b>7</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>31</b>
<b>Grand Total</b>	<b>Rs. 1,26,000</b>	<b>Rs. 98,000</b>	<b>Rs. 1,12,000</b>	<b>Rs. 90,000</b>	<b>Rs. 4,26,000</b>

#### 11] WEIGHT CATEGORY

##### a) DIVISIONS for Sub- Junior: Individual Contests by weight Category

Sr no.	Age Group	Girls
1	Girls - Above 12 Years and below 15 Years (+12 years to 15 years). (Must be born between 2010, 2011 and 2012)  3 minutes bout.	Above 23kg upto and including 28kg (+23kg-28Kg)
2		Above 28kg up to and including 32kg (+28Kg-32Kg)
3		Above 32kg up to and including 36kg (+32kg-36Kg)
4		Above 36kg up to and including 40kg (+36kg-40kg)
5		Above 40kg up to and including 44kg (+40kg-44Kg)
6		Above 44kg up to and including 48kg (+44kg-48kg)
7		Above 48kg up to and including 52kg (+48kg-52Kg)
8		Above 52kg up to and including 57kg (+52kg-57kg)
9		Above 57kg

##### b) DIVISIONS for CADETS Girls: Individual Contests by weight Category

Sr no.	Age Group	Girls
1	Above 15 Years & below 18 Years (15, 16 and 17 years) (Must be born between 2007, 2008 & 2009)  4 minutes bout.	Up to and including 40Kg (-40Kg)
2		Over 40 kg up to and including 44 kg (-44)
3		Over 44 kg up to and including 48 kg (-48 kg)
4		Over 48 kg up to and including 52 kg (-52 kg)
5		Over 52 kg up to and including 57 kg (-57 kg)
6		Over 57 kg up to and including 63 kg (-63 kg)
7		Over 63 kg up to including 70 kg (-70 kg)
8		Over 70 kg (+70 kg)

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(c) **DIVISIONS for JUNIOR:** Individual Contests by weight Category

Sr no.	Age Group	Girls
1	Above 15 Years & below 21 Years ( 15-21 Years) (Must be born between 2004, 2005, 2006, 2007 , 2008 & 2009)  <b>4 minutes bout.</b>	Up to and including 48Kg (-48 kg)
2		Over 48 kg up to and including 52 kg (-52 kg)
3		Over 52 kg up to and including 57 kg (-57 kg)
4		Over 57 kg up to and including 63 kg (-63 kg)
5		Over 63 kg up to and including 70 kg (-70 kg)
6		Over 70 kg up to and including 78 kg (-78 kg)
7		Over 78 kg (+78 kg)

(d) **DIVISIONS for Senior:** Individual Contests by weight Category

Sr no.	Age Group	Women
1	Players must be born in 2009 or before (15 Years in Calendar Year ).  <b>4 minutes bout.</b>	Up to and including 48Kg (-48Kg)
2		Over 48 kg up to and including 52 kg (-52)
3		Over 52 kg up to and including 57 kg (-57 kg)
4		Over 57 kg up to and including 63 kg (-63 kg)
5		Over 63 kg up to and including 70 kg (-70 kg)
6		Over 70 kg up to and including 78 kg (-78 kg)
7		Over 78 kg (+78 kg)

12] **Reminders:** For contestants under 18 years old, the entry form must be countersigned by parent / guardian.

13] **ENTRY / REGISTRATION:**

**A] JFI Inscription:** All participants need to pay a sum of Rs.200/- per participants as inscription fee

**B] NSRS Registration:** All participants must register with NSRS through Online

Step 1: Open the web page: <https://nsrs.kheloindia.gov.in/Login>

Step 2: If the athlete is not registered, then need to Register ( Guidelines attached )

**C] ASMITA Khelo India Portal:** All participants must register with ASMITA through Online: <https://sfw.kheloindia.gov.in/> ( Guidelines attached )

14] **DRAW:** The draws will be conducted as per the schedule

15] **REFEREES:** Referees will be nominated by the JFI

16] **MANDATORY DOCUMENT /IDENTITY:** Contestants are required to show his / her original valid passport and AADHAR card/School leaving Certificate / Bonafede birth certificate to confirm their identity.

17] **JUDO GI:** In accordance with the IJF (SOR) regulations.

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- 18] **ACCREDITATION:** The Accreditation will be held at the as per the schedule.
- 19] **METHODS OF COMPETITION:** Sub-Junior Categories will be in Round Robin and knock-out system to get more chances to play for each Sub-Junior athletes.  
Rest of all Cadet, Junior and Senior will be conducted as per the Rules & Regulations of the International Judo Federation (IJF) (SOR) and IJF Refereeing Rules.
- 20] **BOARDING, LODGING, TRANSPORTATION:** No allowance will be paid towards the boarding, lodging and transportation. All charges will be at own cost of participants.
- 21] **INSURANCE:** All State Bodies/Govt./Clubs/Academies/Parents must assume all responsibilities for accident and health insurance as well as civil liability for their contestants and officials. Judo Federation of India will not be responsible of any claim of illness, injury, and death and Covid-19 case of any participants/officials whatsoever.
- 22] **ANTI-DOPING CONTROL:** The Anti- Doping Control will be carried out by NADA in accordance with the IJF Anti- Doping Rules and Sports Organization Rules.
- 23] **DISQUALIFICATION:**  
 A] Any player who by word, action or deed disrupts and or/interrupts the smooth and normal conduct of the Trails on or off the mat, will be liable for immediate disqualification.
- 24] **FEMINITY CONTROL:** A medical certificate in English/Hindi issued by a qualified Gynecologist of the players State/Deptt. attesting the Sex & Non pregnancy of the women players must be submitted on demand.
- 25] **FINAL ENTRY: All Women Judo players must be submitting their entries through the below GOOGLE PAGE before 27<sup>th</sup> July 2024. ( Both are mandatory )**

(Players who will be participating must submit their own bank account details & own mobile number in the Google form)

1. North Zone Sub Junior -----<https://forms.gle/2679cZVcKcxEB3Aa7>
2. North Zone Cadet -----<https://forms.gle/JTz24FheivJ9WXsn7>
3. North Zone Junior ----- <https://forms.gle/mDBrVu8ZDMbUGLv66>
4. North Zone Senior ----- <https://forms.gle/H9PDwDYddVR1mwYM7>

( In case any difficulty in Google sheet please contact Nitu Singh no 9869561357 & Gitanjali Pawar No.9899698116 & you may right to [kiwjudo@gmail.com](mailto:kiwjudo@gmail.com) for further query related to above league only )

5. NSRS Login - [nsrs.kheloindia.gov.in](https://nsrs.kheloindia.gov.in)  
**Step for Login**
  1. First Login portal
  2. NSRS page will open
  3. Sign Up

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4. Option will show, then take an option of Athlete
5. Start filling page.

( In case any difficulty in NSRS portal please contact Sushma Awasthi , Member OC contact no 8299571945 )

26] **Contact details of Organizing Committee – 4<sup>th</sup> Khelo India National Women's League:**

Sr No	Name	Designation	Mobile Number	Email id
1	Yogesh K Dhadve	Chairman	7875301135	yogeshkdhadve@gmail.com
2	Arun Dwivedi	Member	8839018382	cgpjudobhilai@gmail.com
3	JR Rajesh	Member	9645766671	rajeshjudocoach@gmail.com
4	Sushma Awasthi	Member	8299571945	awasthisushma12@gmail.com

27] **Contact details of North Zone - Organising Committee:**

Mr. Ramesh Chouhan  
 Secretary, H P Judo Association & Organising  
 Secretary. Contact No: +91-98166 02288  
 Email: [hpjudo@gmail.com](mailto:hpjudo@gmail.com)

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