

IJF Judo for peace instructor Course

Course in use of sport as a tool in peace and reconciliation processes

with

peaceful conflict resolution based on human rights

21st – 23rd of February 2010, Jaipur, India

The IJF Judo for Peace Instructor course where for first time arranged in Burundi in October 2009. This course in Jaipur in India is based on the experience gained in Burundi, where for first time human rights and sport as a tool to develop peace and reconciliation were discussed on a broader base. The result of discussion in Burundi ended up in the development of a new and broader definition of the fundament for the IJF Judo for Peace program. Due to India's history of non violence there will be a presentation of The Non-violence Philosophy of Mahatma Gandhi

The participants will receive new knowledge and be able to put the sport of judo in a broader humanitarian aspect.

All sessions timetable will be coordinate with the tournament schedule.

Target group for the course:

Federation's executives as

- Presidents and board members, secretary general
- Head coaches and senior coaches
- Educational responsible in federations

There will be no course fee for participations. Travel cost and accommodation must be covered by the participants.

PROGRAM

DAY 1

Opening ceremony

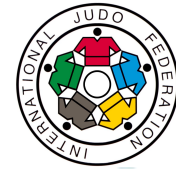
Representatives from IJF and Asian Judo Union
Representatives from the India Judo federation

Judo philosophy and values, fundament for judo as a tool

Jan Eirik Schiotz, Director Judo for Peace Commission

Peaceful conflict resolution

Lillian Hjorth



Lars Petter Soltvedt

- Presentation of course leaders and participants
- Introduction speech: Why a course in peaceful conflict resolution and human rights for judo instructors? (Inspiring lecture about the importance of “building bridges, not walls”, internationally, nationally and locally)
- Conflicts: only negative aspects? (Group work with presentations in plenary)
- What is transitional justice? (Lecture)
- What is conflict resolution? Conflict and conflict resolution on different levels (international, national, individual) (Lecture)
 - Summing up

DAY II Human rights

- The Non-violence Philosophy of Mahatma Gandhi, presentation and discussion
- “The new planet”: Introduction to human rights
 - Group work with presentations in plenary
 - Lecture: The history of human rights; the Universal Declaration of Human Rights: human dignity, equality and the non-discrimination principle. Rights for individuals - responsibilities for the states.
 - Group work: Continuation of the exercise

LUNCH

- The international human rights system. Positive results, challenges and dilemmas (Lecture and discussion)
- Human rights dilemmas. Dialogue is the best way to solve conflicts! (Exercise)
- Summing up

DAY III Peaceful conflict resolution and human rights

- Minorities at risk? The relationship between the majority and the minorities. (Lecture)
- Roads to peace (Lecture)
- What has human rights to do with me? What can *we* do in our work as judo instructors and citizens? The individual responsibility (Plenary discussion)

LUNCH

- Making figures. We all influence each other! (Exercise)
- Closing session

Registration to the Judo for Peace Instructor Course shall be given to the organizer of the 4th RAJIV GANDHI INTERNATIONAL JUDO CHAMPIONSHPS - 2010



About the teachers:

Lillian Hjorth

Born and living in Norway. Lillian is a political scientist by education (University of Oslo). She is the Director of the Human Rights Academy, a Norwegian non-profit organization that works with education in human rights, multicultural understanding and peaceful conflict resolution in Norway and abroad. Target groups are teachers, pupils and students, refugees and immigrants, employees in the social and educational spheres, journalists, activists and persons working in the non-governmental sphere. Lillian has 12 years of practice with organizing and implementing education programs in the Balkans, Russia, Belarus, USA and Norway. She has written several books on these topics among them "Build bridges, not wall". "Build bridges" consists of 97 exercises in human rights, multicultural understanding and peaceful conflict resolution, all based on participatory methods". The book is translated into Serbo-Croatian and Russian, with English version forthcoming. "Build brigdes" is presented in an international compendium of good practices in Human Rights Education in the school system, which was published in 2009 by the UN High Commissioner for Human Rights (OHCHR), OSCE, The European Council and UNESCO. In 2005 Lillian lectured at the Bjørknes International College. From 1997 to 2007 she worked in the Norwegian Helsinki Committee. From 1993 to 1997 she worked in the Norwegian Ministry of Local Government and Labour.

Lars Petter Soltvedt

Ph.D. in Political Science, the University of Michigan. Majors in International Relations and Comparative Politics. Minor in Quantitative Methods and Survey Research. GPA 7.27 out of 8.0. Title of dissertation: The Opportunity Costs of Militarized Conflict and War in the Third World 1965-1992.

Master of Arts in Political Science, the University of California, SantaBarbara. Major in International Relations. Associate Professor in Political Science, Faculty of Business Administration and Social Science, Buskerud University College, Norway. Responsible for the teaching of International Human Rights – elementary and advanced.

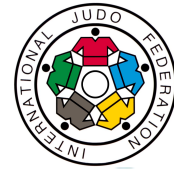
Program Director of Buskerud University College's program in Human Rights, Multiculturalism and Conflict Management in Sulaimania, Northern- Iraq.

Program Director of Buskerud University College's program in Human Rights, Multiculturalism and Conflict Management in Drammen, Norway.

Member of the Board, the Norwegian Helsinki Committee.

Request for all practical issue as travelling, accommodation and the tournament must be directed to:

Judo Federation of India 869, East Park Road, Karol Bagh, New Delhi – 110005 Telephone: + 91 -11-2355 9311 Telefax : + 91 -11 -2355 8131 Email : rajivinternational@yahoo.in jfi99@yahoo.com	JFI Office at Jaipur: SMS Stadium, Ram Bagh Circle, Jaipur, Rajasthan. Contact Persons: Mr. M. M. Jaiswal: 0091 – 9314921417 Mr. Mukesh Kumar: 0091-9818353870 Mr. Rajan C. S.: 0091 - 9868869049
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Question concerning the Judo for Peace instructor course (not practical issue) can be directed to

IJF Judo for Peace Commission by director Jan Eirik Schiotz, e-mail jschiotz@online.no

**REVISED SCHEDULE OF THE 4th RAJIV GANDHI INTERNATIONAL JUDO CHAMPIONSHPS -
2010**

Day : Saturday: 20 Feb 2010

Arrival of Teams & Officials and Accreditation

Day : Sunday: 21 Feb 2010

10:00-12:00

Arrival, Accreditation

15:00-18:00

Draws and Referee and Manager Meetings

19:00-21:00

Welcome Party

Day : Monday: 22 Feb 2010

10:00 - 12:00

Competitions

12:00 - 13:00

Opening Ceremony

14:00 - 18:00

Competitions & Medal Ceremony

Day : Tuesday: 23 Feb 2010

10:00-13:00

Competitions

14:00-18:00

Competitions, medal Ceremony & Closing

20:00-22:00

Farewell Party

Day : Wednesday: 24 Feb 2010: Departure of Teams & Officials

Day : Thursday: 25 Feb 2010: Departure of Teams & Officials